



MICRONUTRIENT FORTIFICATION POLICY

The purpose of this policy is to ensure that Arla Foods amba globally has an appropriate definition of the conditions to incorporate and control fortification of products with micronutrients as defined by all vitamins and minerals added.

Whole natural foods are superior as the source of vitamin and minerals. However, there might be population or consumer groups, both in developing but also developed countries, that for different reasons are not consuming a healthy and balanced diet. For those consumers fortification of foods can be a remedy in reaching an adequate intake of specific micronutrients.

This micronutrient fortification policy applies to all brands owned by Arla Foods amba, and covers products for the general population.

Food supplements, products for infants and toddlers, for special medical purposes or with a strong scientific rationale for fortification – e.g. infants, maternal nutrition products – are not covered by this Policy.

In cases where fortification is mandatory by law, then this is prevailing.

The Arla principles in micronutrient fortification

Arla's approach on fortification is based on the WHO international guidance on fortification:

1. The products chosen for fortification must be of good nutritional quality. For this reason, products with a Health Star Rating below 3.5 are not within the scope of fortification.
2. The nutritional need for fortification must be justified by data on the local context, the nutritional intakes of the population group, and the risk of deficiencies identified.
3. The fortification levels must be adjusted to contribute significantly to cover the needs, whilst not posing a risk of toxicity, taking into account the intake of the specific product and the intakes of the nutrient coming from the remaining diet.